

*“A REAL person,
giving REAL advice,
to make REAL changes.”*

— Robin



KELLY ORCHARD

Coaching for Personal & Professional Growth

Kelly's Purpose

Kelly's purpose is to promote perpetual personal and professional growth – from planting seeds to a fruitful harvest. Her surprisingly unique perspective to common problems produces results for her audiences and clients by helping them cultivate, plant seeds of development, branch out, and grow through the seasons of life with fresh solutions.

Driven by a profound sense of energy, curiosity, adventure and creativity, Kelly's combination of real world experience, formal academic studies, and radio entertainment skills make her a sought after speaker, coach and contributor.

Is Your Company Seeking Growth? Hire Kelly for:

- Keynotes and Presentations
- Workshops
- Breakout Sessions

As Seen/Heard On:

- KTLA Channel 5
- Radio World
- Radio Ink

Affiliations



Local and Civic Non-Profit Involvement

*“Kelly makes you think about your life, on different layers
– allowing you to process your emotions safely.”*

— Cindy

**Author, Speaker, Coach,
Business Consultant, and
Marriage and Family Therapist**

Kelly's Story

Kelly Orchard is a Licensed Marriage and Family Therapist. She has a Master's Degree in Psychology, a Bachelor's Degree in Social Science with an emphasis in Organizational Leadership, and graduated from an elite MBA Style Broadcast Leadership program with National Association of Broadcasters.

...But before all that, she spent 30 years in radio as an “On Air Personality”, advertising and marketing executive, station owner, and consultant. In fact, she still maintains her roots in broadcast as a consultant, podcaster and contributor to several online magazines, publications, blogs and video programs.

Kelly's Passion

Kelly's passion stems from a Heart Crisis that derailed her life and career. The health crisis was the catalyst that set her on a path toward becoming a Licensed Therapist and became her platform for encouraging personal growth through life's lessons.

Her book, Heart Lessons is part of her signature message.



She works with organizations like CBS Radio and Television, Clear Channel Radio, Tribune Broadcasting, National Association of Broadcasters, Alliance For Women In Media, California Association of Marriage and Family Therapists, County of Riverside and a variety of non-profit organizations.

KELLY'S PRODUCTS

Kelly is a creative visionary with an entrepreneurial approach to speaking, workshops and breakout sessions. She is a cutting edge thinker, and leaves the cookie cutter approach behind. Each presentation is customized to your needs.

Heart Lessons - Living Life in 3D

Signature Keynote

Kelly demonstrates her own personal journey through her book, Heart Lessons – a prescriptive memoir that shares the lessons learned along the journey of life and in the aftermath of a crisis.

Participants will learn that you are more than your job, your career, your roles – you are a 3-Dimensional person of mind, body and spirit.

Through lessons in Surrendering, Discipline and Patience – Kelly shows you how to Detect, Define and Determine to follow your heart toward your life's purpose.

Subscribe to "Kelly's Apple A Day"

This blog contains 60 Second messages on Wisdom, Success and Personal Growth.

Be on the lookout for Kelly's Podcast:

The Purpose is: To Promote Perpetual Personal and Professional Growth! You might be saying, "Wow! That's a lot of Ps!"

That's why it's called, "Ps in a Podcast!"

Connect with Kelly on Your Favorite Social Network:



Personal Growth Begins with Your-SELF

*Workshops/Presentations/
Breakout Sessions*

This program focuses on aspects of one's SELF in order to live a wholly healthy life. Once again, utilizing seasons and metaphors of cultivating, planting, tending, and harvesting, participants learn the importance of the Dimensions of Wellness and Elements of Growth.

Self Care; Self Examination and Exploration; Self-Renewal; Self Knowledge; Self Expression are explored, demonstrated and discussed in a fun and memorable way.

Growing Through Seasons in Life and Career

*Workshops/Presentations/
Breakout Sessions*

Kelly demonstrates seasons of personal and professional growth by utilizing the metaphors and elements found in Spring, Summer, Fall and Winter.

She uses psycho-education, inspiration, science and personal stories to promote growth and strategies to help you blossom.

- Spring means cultivating and planting seeds for personal and professional growth
- Summer means growing and branching out
- Fall means harvesting and reaping the bounty of our efforts
- Winter means pruning and shaking the tree from what is not working

These four seasons can be broken down into separate workshops and breakout sessions, and are also available as ongoing trainings and courses.

Professional Growth and the Power of NO

*Workshops/Presentations/
Breakout Sessions*

As a business consultant, trainer, and coach – Kelly has been through many seasons of business growth and transformations.

This program offers insights into how your Personal Psychology affects every day business life and how "stinkin' thinkin", past experiences, and personal projections affect the success of your career and business.

This program challenges the participant how the word NO is not such a bad thing, in both the sales approach and saying 'no' to overwhelming commitments.

Participants learn key strategies on accomplishing balance for mindful leadership and ultimate professional growth.

"Kelly speaks truth and wisdom in ways that encourage and inspire." — Anne

For Rates and Booking Information, Contact:

Kelly Orchard

Coach and Licensed Marriage and Family Therapist (MFC77525)

Website: KellyOrchard.com / Email: kelly@kellyorchard.com

Tel: 760-887-4444

Temecula, CA